



Estd : 1968

# A.V.COLLEGE OF ARTS, SCIENCE & COMMERCE

(Affiliated to Osmania University)

Gaganmahal, Hyderabad-500029, Telangana

Phone: 040 – 27637751, [www.avcollege.in](http://www.avcollege.in)

Accredited with 'B++' Grade by NAAC (3<sup>rd</sup> Cycle)

**Vision: Empowerment Through Pursuit of Excellence**

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## **Title of the Practice: Community survey and Health camp**

### **Objectives of the practice:**

- To built a healthy society
- To instill the responsibility among younger generation

### **The Context:**

After the pandemic period of Corona there is a decline health condition of the society

### **The Practice :**

- To improve the health conditions of the Students,Staff & Society

### **Evidence of Success**

369 members has utilized the Health camp

### **Problem encounter and Resources required**

General checkup and basic diagnosis was done, still for those who need further investigations with concerned doctors.

**Best Practices 2021-2022**  
Department of Zoology

**Title: Community survey and Health camp**

The Department of Zoology organizes a Health camp after doing the community survey from the adjacent community people as well as the staff & students of AV College regarding their Health Issues in changing Modern Lifestyle, Keeping in view about the present scenario we organized a health camp in view of “Metabolic Imbalance and Health Issues in the Modern Lifestyle” With the support of the Various medical departments and organization

**Objectives:**

- Health camp aims to built a healthy society
- This helps to instill the responsibility among younger generation
- Health camp improve the health conditions of the people
- Health camp provide regular check up at regular intervals

**Community Survey**



**Community survey on 19-04-2022 regarding the health conditions**

**Lung capacity (Oxygen Respiratory Capacity) by Cipla company on 21-04-2022**

Lung capacity by using respiratory chamber was done by cipla company 91 members were participated and Tested their lung capacity in this workshop on first day that is 21st April 2022

Measuring Lung Capacity with Spirometry is a simple, noninvasive breathing assessment that can be used to determine overall lung health. During a spirometry assessment, an individual will inhale and exhale through a device called a spirometer.

The test can help diagnose a disease of the blood vessels between person's Heart and Lungs and it can show the amount of damages done by a disease such as Emphysema a disease in which person's air sacs are gradually destroyed.



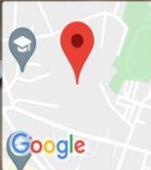
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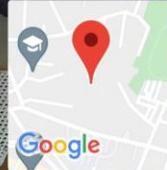
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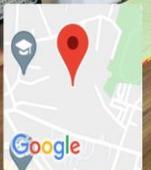
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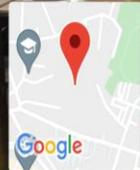
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**On 22<sup>nd</sup> April 2022.**

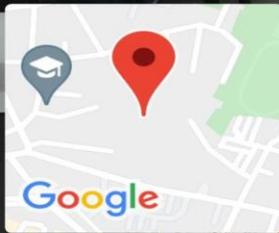
### **Hematological and Osteological test by Vijaya Diagnostic center**

Height, Weight, Body Fat, Muscle Mass, Bone Mass, BMI, DCI & BMR, Metabolic Age, Body Water, Visceral Fat, BP, Heart Rate, RBS, SPO<sub>2</sub>, Z-Score, T-Score, BQI

178 members participated on second day that is 22nd April 2022 and 73 member were screened by Vijaya diagnostic center



GPS Map Camera



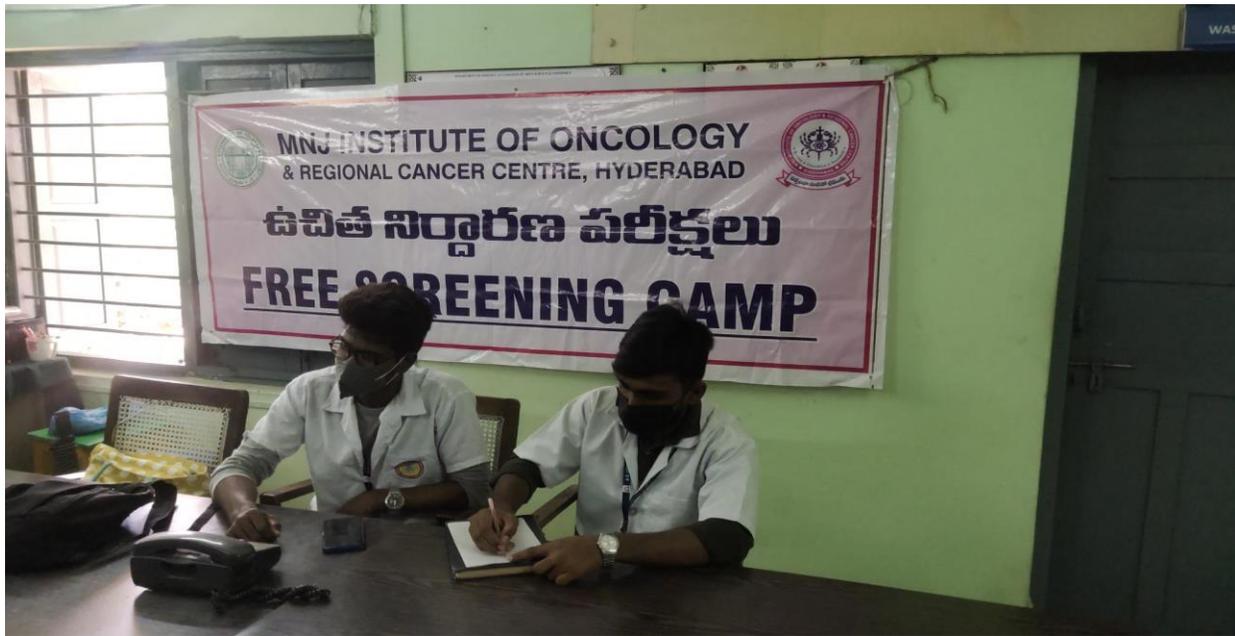
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**Cancer Screening Test by MNJ Institute of Oncology**

PAP Smear Test, Dental Screening, Sono Mammogram, Abdomen Screening and Gynic Screening were did by MNJ Institute of Oncology, Hyderabad

100 Member were participated and 70 members were screened by the Hospital authority







**On 23<sup>rd</sup> April 2022.**

## Eye Checkup by Sadhuram eye hospital

General Eye checkup (Vision, Infection, eye cataract Detection and surgery) was done on 3rd day of workshop i.e. 23rd April 2022,



